Are there any training sessions you would like to see that we don't currently do?

No but would be possible to occasionally change the meeting point for mid-week club runs i.e. meet at Castlefield's /retail park in town.

The Cricket club is our home venue, so the majority of runs will start from there. This allows us to provide facilities and parking in a safe and secure environment. Having said that, we have some runs that will begin at Castlefields such as Fridays Improvers run which moves locations, the monthly time trail and some combined bank holiday runs may start from Queens retail park.

A group with a pace in between improvers and progression and the progression pace currently is too much of a big jump up from improvers pace / Perhaps a training group that fits between the Improvers and the Progression group. I think this would encourage runners that are getting faster to move up but do think they are fast enough for the Progression group. At present the Monday night Improvers group can be very large and this would equalise the amount of runners in each group.

The club is looking at this for a number of reasons. Firstly, is has been identified that progression group can be a fast group on some occasions and the move to that group can feel daunting. Secondly to help support Colin's groups as there are a lot of runners and for health and safety reasons, we'd like to spread the groups out a bit. This involves extra resources from the club to get people accredited, so please bear with us in the meantime. So yes, we'd like to introduce a middles group. More information to follow in due course.

Would like to see more track sessions / Track sessions with 400m, 800m or 1k reps / More track and conditioning runs / I'd like to see more structured track sessions / some kind of tempo session.

We do one track session a month, usually the second week of every month, which is from 7:15pm. Please refer to the club calendar/news for updates. This session is usually in the spring/summer season, rather than the winter. If there is more demand for this session we can review options.

What would you like to see that the club doesn't currently offer?

Club kit.....members still can't buy club kit!! I understand we can no longer buy kit from the original supplier....the summer is best part over now, this needs investigating immediately as all new members cannot buy Harriers shirts etc.

I'm pleased to say that the race shirt is now out. Having now gone through the process of locating a supplier, designing, testing and getting final sign off then arranging distribution, I can say that it can be a very time-consuming process involving a number of parties to come together. We want to make sure that we have the right supplier that's the right fit for the club with a quality racewear. It's a great responsibility we took on and I'd rather we got it right rather than delivered it quick. This also involved a return of our race vest back from black to the original yellow club colours.

Maybe something a little more regular (monthly) so people have the choice to attend some, even if they cannot do them all. Maybe this could be a different activity each time, for example bowling, virtual darts, bingo etc etc. It is another out there suggestion, and would take a lot of organising, but maybe even an annual Stafford Harriers sports day, inviting club members, friends and family, and raise some money, and also help get the club name out there.

We have started to look at this, Wayne has introduced the Padel event, with another one on the way. We'll happily look at other options. Any suggestions, please reach out to the club.

Do you think we should offer anything else?

Maybe once a quarter do a "horrendous hill" run that has lots of hills.

The winter Tuesday speed sessions will include many hills over different routes. I would recommend at taking a look at these. These will begin within the next couple of weeks.

How would you like to receive information from the club? Please click all methods you like and any improvements we can make

Comprehensive info from the platform. Would like to see where the Tuesday speed sessions are located as it may not be possible to get to the club on time / Tuesday speed session to be notified on website or WhatsApp.

This is something we are looking at and will utilise WhatsApp one way group to push info out in a timely manner.

What would you like to see that the club doesn't currently offer?

Launch of new Yellow race kit which seems to be taking ages to sort.

This is now complete and you can order it via the website.

Later evening starts - after 6.30.

We used to offer this, but demand at the time was minimal. If the demand is there, we can take a look at this.

Nobody seems to go through from improvers to progression, why don't the leaders encourage this to happen instead of just staying in one group

We are looking at middles group to add a more balanced step in between improvers and progression.

Social runs followed by food and drink

We used to do this, again demand fell away. If there is a demand for it, please let the club know and we can look at this.

We should promote the club brand more . Stafford is awash with running clubs , make sure the Harriers profile remains the highest

We are working on this with new merchandise, new race tops. Better branding at our events with new flags and banners. A better social media and digital presence. These things take time, but we are gradually working through them.

Some committee members have been in place for a very long time, so it might be healthier to introduce a rule where all committee roles are re-elected every 2–3 years - encouraging fresh ideas, new voices and better organisation (without mentioning any names)

We are more than happy to welcome anyone who would like to join the committee. As some may know we have new for 2026, co-chairmen. I hope there has been some positive changes already and slowly we are working through other areas we need to look at. A point to remember is that everyone that works within the

club is giving up their own time, no one is paid. So, we are very grateful for all the input and help that the membership and committee members offer. If you wish to find out more about joining the committee, please email info@staffordharriers.org

Does the club have any registered 1st aiders? It wouldn't be a bad idea for run leaders to be trained in 1st aid and to carry a basic 1st aid kit on club runs.....just a thought

We are looking at this and will in due course have a register of first aiders.