

7th Aviemore Highland Half Marathon & 10K Autumn Colour Spectacular



Highlander Hotel – Newtonmore – Friday 12th October 2012

Stafford Harriers and Happy Days Coaches have made arrangements for a 4 day/3night visit to the Highlands of Scotland, which will include the Aviemore Highland Half Marathon and 10k races.

FRIDAY 12th OCTOBER ~ Depart Pitcher Bank Stafford at 7.50am and School Street Newcastle at 8.30am to travel north. After a brief stop en route, the first taste of Scotland will be at Gretna Green before we continue into the Highlands, taking a short coffee break near Perth. Reaching the Spey Valley in late afternoon, we shall book into the Highlander Hotel, Newtonmore where all rooms have private facilities, colour TV and hospitality tray.

SATURDAY 13th OCTOBER ~ Rise early and work up an appetite for a hearty Scottish breakfast by participating in a 3mile run to loosen up after the coach journey. Later we shall board the coach for a leisurely expedition to Inverness where you will have the option of visiting James Pringle Woollen Mill as well as exploring this 'Capital of the Highlands'. Leaving the city in late afternoon, we shall return via Aviemore where the runners can register for Sunday's races.

SUNDAY 14th OCTOBER ~ today, we travel to Aviemore for the start of the Half Marathon and 10K. Following the races, we shall board the Strathspey Steam Railway train for a journey through 'Monarch of the Glen Country' to the station known in the series as 'Glenbogle' where we shall rejoin our coach for a short trip to the Speyside Heather Centre. Once there, we will enjoy a serving of 'Cloutie Dumpling' with cream or custard, accompanied by either tea or coffee, and served by Victorian wenches.

MONDAY 15th OCTOBER ~ Following breakfast, we shall take our leave of the Highlander Hotel and begin our return journey to the Midlands.

HALF MARATHON & 10K There is no obligation to raise sponsorship for the Speyside Trust, although anyone wishing to is free to do so. This race is described as 'one of the prettiest and easiest you'll ever do'. The course is on road and excellent forest tracks against a backdrop of the Cairngorm Mountains, Loch Morlich and through the beautiful Glenmore Forest Park into Rothiemurchus Estate, across the River Spey before finishing in the Aviemore Highland Resort.

PRICE PER PERSON £154 ~ which includes 3 nights dinner, bed and breakfast; excursions as listed; Highland Entertainment; Packed lunch on race day. Single room supplement £25 - Children (in 3or 4 bed rooms) £109.

PLEASE NOTE ALL COACH TRAVEL IS NON SMOKING

EARLY APPLICATION WOULD BE HELPFUL TO ENSURE WE HAVE SUFFICIENT INTEREST IN THIS TOUR!

RACE ENTRIES ARE AVAILABLE AT <http://www.aviemorehalfmarathon.org/Pages/How%20to%20Enter.html> PLEASE ENSURE THE WOUR WILL BE TAKING PLACE **BEFORE YOU ENTER THE EVENT.**

To join this tour, ***please complete the form below*** and return to Bill Whitworth, 'Drumochter', 25, York Road, Stafford, ST17 4PE, together with a non-refundable deposit of £20 Per person (cheques payable to "Stafford Harriers"). Tel 0175 602239

7th AVIEMORE HIGHLAND HALF MARATHON AND 10K (2012)

I wish to apply for _____ places on the Aviemore Highland Half Marathon and 10k tour and enclose a cheque to the value of £_____ (non-refundable deposit of £20 per person – cheques payable to "Stafford Harriers").

Name _____

Address _____

Tel (Home) _____ Mobile _____

E-mail (if possible) _____

Party Members' Names (Title, Initial and Surname) _____

PLEASE ENCLOSE A STAMPED ADDRESSED ENVELOPE.